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Exclaim! Young People's Guide to 'Sexual Rights: An IPPF declaration'

Resource type: Publication
21 November 2011

Document(s)

Exclaim! Young People's Guide to 'Sexual Rights: An IPPF declaration'
(2.68 MB)

Exclaim! Young People's Guide to 'Sexual Rights: An IPPF declaration' (French)
(4.36 MB)

Exclaim! Young People's Guide to 'Sexual Rights (Spanish)
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Exclaim – young people's guide to 'Sexual rights: an IPPF declaration'

builds on'sexual rights: an IPPF Declaration'

introduces key concepts relating to human rights

explains how human rights apply to young people's sexuality

examines ten fundamental sexual rights as they relate to young people

supports young people to increase their understanding of sexual rights

Young people are sexual beings. They have sexual needs, desires, fantasies and dreams. It is important for all young people around the world to be able to explore, experience and express their sexualities in healthy, positive, pleasurable and safe ways. This can only happen when young people's sexual rights are guaranteed.

Young people's rights are often neglected, ignored or misunderstood; and young people are especially vulnerable to sexual rights violations. *Exclaim* sets out a framework for understanding how human rights apply to young people's sexuality. It offers practical ideas about how to translate sexual rights into actions for and by young people:

- increase your own and your community's knowledge and awareness about young people's sexual rights and how they are different from adults' rights
- improve youth-friendly sexual and reproductive health services
- improve and expand comprehensive sexuality education
- strengthen youth leadership and advocacy at local, national and regional levels

Learn more about what the ten core sexual rights are and what each right means for young people:

- the right to equality
- the right to participation
- the right to life and to be free from harm
- the right to privacy
- the right to personal autonomy and to be recognized as an individual before the law
- the right to think and express oneself freely
- the right to health
- the right to know and learn
- the right to choose whether or not to marry or have children
- the right to have your rights upheld

Includes:

- a glossary of key terms
- a table of human rights agreements that are relevant to sexual rights
- a poster summarising what sexual rights are and how they can help young people

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